

Instructions to Candidates:

You are a Foundation doctor coming on duty to start a night shift on Obs & Gynae.

The FY1 doctor who was on duty during the day will hand over the care of two patients to you.

You must obtain the information you need from them before they leave.

At 7 minutes the examiner will ask you questions.

Script for Simulated FY1 Doctor

FY1 handover – you are in a rush to get home and sleep! Do not offer up information freely, make the candidate ask you for specifics.

Ward 5 Bed 14 – Maggie Banks

65 F – hospital number 800967

6 hours post-op total hysterectomy with bilateral salpingo-oophorectomy for uterine cancer

Obs:

Temp 37.2

HR: 110

RR: 15

BP: 110/80

O2 sats: 99%

AVPU: A

NEWS: 1

PMH: uterine cancer, HTN, T2DM

DH: Metformin, Amlodipine

Allergies: NKDA

Plan: Asked to see patient due to pain but not had time, you are not sure what post-op analgesia has been prescribed.

Ward 6 Bed 30 – Zoey Thompson

31 F – hospital number 435937

Admitted today due to hyperemesis gravidarum. She is 11 weeks pregnant. She has been started on IV fluids and IV cyclizine.

The nurse bleeped you to say she is still vomiting and is now complaining of muscle weakness and muscle pain.

Obs:

Temp 37.4

HR: 98

BP: 100/74

RR: 14

O2 sats: 97%

AVPU: A

NEWS: 0

PMH: No past medical history. First pregnancy.

DH: Folic acid 400 micrograms OD.

Allergies: NKDA

Plan: for review – you are not too concerned as NEWS 0.

Examiner questions:

Which patient would you see first and why?

Examiner Mark Scheme

Area	Clear Fail	Fail	Satisfactory	Good	Excellent
Situation					
Background					
Assessment					
Recommendation					
Prioritisation					
Rapport/comms					
Overall					

In a handover station, even if you are the one receiving the handover, it is still helpful to follow the SBAR format. Do not be put off if the person handing over is not easily giving up information, they have been told to do this and the examiner wants to see if you know what questions to ask.

Situation – Ask for patient details – remember to get the hospital number as in the real life this will help you to find the patient on the system before you see them. Remember to ask for their location too (ward and bed number). Ask what the main current problems are.

Background – Ask for PMH, DH, SH if relevant.

Assessment – Ask if the Doctor handing over has seen the patient and for their assessment. If they haven't seen them yet you can still ask for the observations, NEWS score and any results of investigations.

Recommendation – Ask if the Doctor handing over has any plan in mind. But do not take this as gospel; you will need to use your own clinical judgement. For example in this station the F1 handing over is not too concerned about the second patient because her NEWS score is 0. However looking at the overall clinical picture she is the priority.

The first patient has a NEWS score of 1 for tachycardia – this is likely because her post-op pain is not under control. She will need to be seen soon, but not as soon as the second patient.

The second patient has hyperemesis gravidarum and has been started on her treatment. However she is still vomiting and has now developed new symptoms of muscle weakness. This would suggest that she is developing a severe electrolyte abnormality such as

hypokalaemia or hyponatraemia from the repeating vomiting. Therefore she needs to be reviewed more urgently.